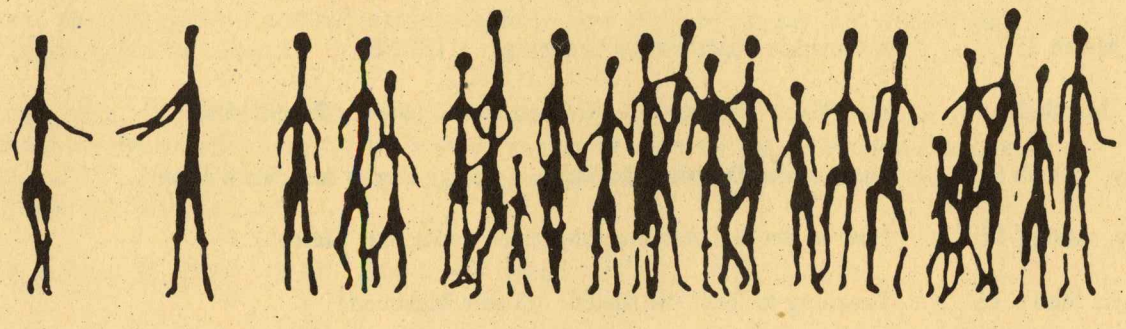
Concordia
UNIVERSITY

LACOLLE CENTRE FOR EDUCATIONAL INNOVATION



Personal and Professional Development Workshops

Winter / Spring 1991

WORKSHOPS: WINTER/SPRING 1991

Friday, January 25:	Using Audio Visual Stimuli to Enhance Literacy (Olivia Rovinescu)
Saturday, January 26:	Type E and the Stress of Being Everything to Everybody (Donna Logsdon)
8–weeks, Jan. – March:	Transformative Theatre: A Creativity Workshop for Women (Ann Scofield)
Friday, February 1:	Link Science Workshop: Environmental Workshops for Early Childhood Educators (The Nomad Scientists)
Saturday, February 2:	Senior Citizen Activism: Beyond Anger (Nora Libman Schwarz) (FREE)
Thur/Fri, February 7–8:	Women's Ways of Knowing: Connecting and Collaborating with Adult Learners (Jill Tarule)
Saturday, Feburary 9:	Typewatching, Timing and Targeting: Using the Myers–Briggs Type Indicator (Mary Scott)
Wednesday, February 13:	The Price of Peace: Canada's Role in the Age of Glasnost (FREE)
Wednesday, February 13:	Cross–Cultural Communication: A Step Toward Multicultural Understanding (Elizabeth Morey) FREE WORKSHOP
Friday, February 15:	Experimental Watercolour (Veronique St–Paul Semple)
Friday, March 1:	Is Canada's Peace Policy Changing? (FREE)
Friday, March 1:	You, Your Child and the Environment (Steven Rosenstein)
Saturday, March 9:	Dreams and Decision–Making (George Baylor and Gissa Israel)
Tuesday, March 12:	How to Set and Achieve Objectives (Raphael Marcus)
Saturday, March 16:	Learning to Read the Media (Lanie Melamed)
Wednesday, March 20:	Human Rights Challenges in the 90's (FREE)
Friday, March 22:	Overcoming Blocks to Creative Thinking (Olivia Rovinescu)
Saturday, March 23:	Choices and Changes: Building Self–Esteem in Children (Margaret Mitchell)
Thursday, April 4:	Rebuilding Our World With Peace (FREE)
Saturday, April 6:	Managing Change in Love and Work (Kathryn McMorrow)
Saturday, April 13:	You Are What You Think (Margaret Villazan)
Friday, April 19:	Thinking Critically About Ethical Issues (Olivia Rovinescu)
8 weeks, Apr. – June:	Transformative Theatre: A Creativity Workshop for Women (Ann Scofield)
Friday, May 3:	Thinking Critically About Multi–Cultural and Multi–Racial Issues (Olivia Rovinescu)
Weekend, May 24–26:	Dreams and Decision Making (George Baylor and Gissa Israel)

USING AUDIO–VISUAL STIMULI TO ENHANCE LITERACY

This hands–on workshop will introduce participants to innovative ways of using sounds and images to stimulate student writing. The methods presented in this workshop have been field tested with elementary, secondary and post–secondary students. Although the workshop is appropriate to teachers at all levels, it would be of particular interest to literacy practitioners.

Workshop Leader: OLIVIA ROVINESCU (M.A., Philosophy of Education, McGill University) is the Director of the Lacolle Centre for Educational Innovation, Concordia University. She has co–authored three books and is currently writing another book on Critical Thinking.

Friday, January 25, 1991 9:30 – 12:30 p.m. Location to be announced $35

TYPE E AND THE STRESS OF BEING EVERYTHING TO EVERYBODY

You should attend if you don't have enough hours in the day, think that the only way to get the job done right is to do it yourself, can't say 'no' or feel guilty if you do, have trouble asking for help, or set higher expectations for yourself than others do. In this workshop you will learn the origin of Type E behaviour; learn how to lower the stress of being a Type E through realistic goal–setting, delegation, mental and physical exercises and self–acceptance; learn how and when to say 'no' without guilt and how to be your own best friend.

Workshop Leader: DONNA LOGSDON, Associate Professor in the Faculty of Education at McGill University, has worked with many Type E's (men and women) in her role as employee counsellor at a local hospital. She brings a sense of humour and practical solutions as well as a psychological perspective to this workshop.

Saturday, January 26, 1991 9:30 – 4:00 p.m. Room: H–762 SGW $50

TRANSFORMATIVE THEATRE: AN 8–WEEK CREATIVITY WORKSHOP FOR WOMEN

Transformative Theatre is a process through which themes, images and issues central in women's experience find universal expression through the transforming medium of theatre. The workshop provides an open flexible structure for women from many backgrounds and experiences to share ideas and experiments relating to creativity and self–expression. This workshop is open to all women with an urge to express themselves creatively. (Limited enrollment)

Workshop Leader: ANN SCOFIELD is a theatre artist, director and teacher who has animated creativity groups in the United States, Latin America, United Kingdom and Canada.

Tuesdays,	January 29 – March 19, 1991	6:30 – 9:30 p.m.	Location to be announced	$230
Thursdays,	January 31 – March 21, 1991	6:30 – 9:30 p.m.	Location to be announced	$230
Tuesdays,	April 30 – June 18, 1991	6:30 – 9:30 p.m.	Location to be announced	$230
Thursdays	May 2 – June 20, 1991	6:30 – 9:30 p.m.	Location to be announced	$230

LINK SCIENCE WORKSHOP: ENVIRONMENTAL WORKSHOPS FOR EARLY CHILDHOOD EDUCATORS

This workshop is an imaginative, exploratory and hands–on approach to environmental education that will provide participants with ideas and activities which children will relate to. No science background is needed. The workshop consists of instruction in how to do activities related to environmental problems, using a voyage of the imagination to help develop a child's imagination, how to make nature come alive for the pre–school environment.

Workshop Leaders: The NOMAD SCIENTISTS, an outreach program of the Lacolle Centre for Educational Innovation at Concordia University, have presented their travelling science workshops throughout Quebec and other regions of Canada, to early childhood educators, elementary school and resource teachers, principals and consultants, community groups and parents.

Friday, February 1, 1991 7:30 – 9:30 p.m. Location to be announced $50 (A copy of the book Link Science: A Hands on approach to the environment is included in the price of the workshop.

SENIOR CITIZEN ACTIVISM: BEYOND ANGER

How does a senior citizen become involved in the process of change? How do we get the attention and the involvement of those with the power to institute changes? How can we become a social activist? Where does an individual or group of concerned citizens begin? Topics to be covered are: how to define a social issue, how to translate anger into activism, building coalitions with others, levels of responsibility, empowerment, working inside and outside the system.

Workshop Leader: NORA LIBMAN SCHWARZ co–teaches Gerontology for the Practitioner at Concordia University and teaches in the Active Retirement Program at College Marie Victorin. She has worked ten years in the area of pre and post retirement recreation, developing seminars for people of all ages coming to grips with retirement.

Saturday, February 2, 1991 9:30 – 12:30 p.m. Room: H–762 SGW FREE

WOMEN'S WAYS OF KNOWING: CONNECTING AND COLLABORATING WITH ADULT LEARNERS
(Sponsored in collaboration with Learning Development Office and Adult Education Program)

Finding one's voice is essential to the development of self and mind. This can be accomplished best in an environment where learners collaboratively reconstruct their understanding of the world. Drawing on new research in collaborative learning, this workshop will explore issues such as the role of authority, connected and separate knowing, and the skills of dialogue. Implications for building effective teaching and learning environments will be examined.

Workshop Leaders: JILL TARULE, Ph.D. Harvard University, is a Professor in the Counseling and Psychology Division, Leslie College Graduate School, Cambridge, MA. She is one of the co–authors of Women's Ways of Knowing: The Development of Self, Voice and Mind. LANIE MELAMED is a part–time lecturer at Concordia University with research interests in Women, Leisure and Peace Studies.

Free Public Lecture: Thursday, February 7, 1991 7:30 – 9:30 p.m. Loyola Chapel
Workshop: Friday, February 8, 1991 9:00 – 5:00 p.m. Campus Centre $60
(Lunch included)

TYPEWATCHING, TIMING AND TARGETING: USING THE MYERS–BRIGGS TYPE INDICATOR

Identify your personal preferences and strengths and aspects of yourself that you would like to change. You will be expected to complete and use the Myers–Briggs Type Indicator to help you identify how you are similar to and different from your boss, colleagues at work, school or play, as well as family members and partners. You will consider how your unique style enhances and hinders your productivity and forward movement toward your own goals in life. **Enrollment limited to 15.**

Workshop Leader: MARY SCOTT is a professional individual and group counsellor in Concordia University Guidance Services and a part–time teacher in the Department of Applied Social Science. She is a qualified practitioner in the use of the MBTI.

Saturday, February 9, 1991 9:00 – 6:00 p.m. Location to be announced $50

THE PRICE OF PEACE: CANADA'S ROLE IN THE AGE OF GLASNOST
(Co–sponsored with the Loyola Peace Institute)

Bi–polar to multi–polar, an example of Canada's changing relationships in the light of the new Soviet openness, the focus being on justice and human rights.

Workshop Leader: ERICH WEINGARTERNER, author

Wednesday, February 13, 1991. 1:00 – 2:30 p.m. Location to be announced FREE
(For further information on this lecture, call Loyola Peace Institute at 848–7799)

CROSS–CULTURAL COMMUNICATION: A STEP TOWARD MULTICULTURAL UNDERSTANDING

Nearly 50% of elementary school students in Montreal are from homes whose culture and heritage are neither French nor English. Quebec society has changed radically and will continue to evolve, thus affecting adult education. This interactive workshop will encourage a greater understanding of the phenomenon of culture and ethnocentricity in an attempt to lift the veil of culture which impedes our ability to communicate across cultures.

Workshop Leader: ELIZABETH MOREY is Acting Director of the Council for International Cooperation, Concordia University. She has worked as Advisor to the Rector on the Status of Women and International Student Advisor at Concordia and as Social Development Officer at the Secretary of State where she worked with native people and ethnic communities.

Wednesday, February 13, 1991 7:00 – 10:00 p.m. Location to be announced FREE

EXPERIMENTAL WATERCOLOUR

This is a hands–on workshop for educators, artists and others who are interested in experimenting with watercolour. Exercises are designed to explore individual creativity and develop a bank of new and exciting watercolour techniques. Conceptual, abstract and representational subject matter will be used.

Workshop Leader: VERONIQUE ST–PAUL SEMPLE (M.Ed. Art, McGill University) teaches studio art at Centennial College. She is also Head of the Creative Arts Department and Director of the Creative Arts Summer School.

Friday, February 15, 1991 9:30 – 4:00 p.m. Location to be announced $50

IS CANADA'S PEACE POLICY CHANGING?
(Co–sponsored with the Loyola Peace Institute)

The lecture and workshops will focus on Canada's role as an international peace maker. Particular attention will be given to Canada's role in the United Nations and to our relationship with developing countries. The implications of Canada's recent military involvements will also be addressed.

Lecture and Workshop Leaders: To be announced

Friday, March 1, 1991 1:00 – 5:00 p.m. Location to be announced FREE
(For further information on this lecture call Loyola Peace Institute at 848–7799)

YOU, YOUR CHILD AND THE ENVIRONMENT

Children are concerned about the environment. They are troubled by the problems facing the planet, and like most of us, they wonder if anything can be done. This workshop will show you that there is plenty that can be done. Take a journey of the imagination with the Nomad Scientists and explore a special place called Earth. You will enjoy the discoveries your child makes. Learn and share with your child. Each participant will receive handouts filled with ideas and suggestions to interest many types of children.

Workshop Leader: STEVEN ROSENSTEIN is Project Manager of the Nomad Scientists, an outreach program of the Lacolle Centre for Educational Innovation. The Nomads involve people of all ages with their travelling science presentations and workshops within Quebec as well as other regions in Canada. Steve is also an active member of various environmental groups.

Friday, March 1, 1991 7:30 – 9:30 p.m. Location to be announced $35

DREAMS AND DECISION–MAKING (Introductory Workshop)

This is an introductory workshop to help participants make more creative decisions in their lives by learning to use their dreams as a natural tool. Together we will discover the qualities, energies and elements that will enable us to make the invisible visible. For the one day workshop participants will be introduced to methods that will allow them to find insights and solutions to their current concerns. There is no pre–requisite for this workshop. (The weekend workshop, on May 24–26th, will further explore such techniques as: precise dream incubation exercises, dream body, dream shields, and Ullman's Basic Dream Work.)

Workshop Leaders: GEORGE W. BAYLOR, Ph.D., is Professor of Psychology at the Universite de Montreal. He is co–founder and past–president of the Montreal Centre for the Study of Dreams and a graduate of the Canadian Institute of Psychosynthesis. GISSA ISRAEL, M.Ed., is a therapist, teacher, healer and psychic. At present she teaches at Concordia University, has a private practice and conducts workshops.

Saturday, March 9, 1991. 9:30 – 4:00 p.m. Location to be announced $50

HOW TO SET AND ACHIEVE OBJECTIVES

The first step to achieving your goals, is to set them. In the first part of the seminar, participants will learn how to develop an abiding "sense of purpose" in life, and decide which goals to pursue and what's really important based on that "purpose." In the second part, participants will learn how to develop a personal "Action Plan," a step–by–step blueprint for making goals a reality and achieving greater success in all areas of personal, business and professional life.

Workshop Leader: DR. RAPHAEL MARCUS is Professor of Business Administration at Dawson College. His research focus for the past two decades has been in the fields of psychology, physiology and philosophy.

Tuesday, March 12, 1991 7:00 – 10:00 p.m. Location to be announced $35

LEARNING TO READ THE MEDIA

By the age of nine, children in Canada will have spent more time watching TV than attending school. What are children learning and how does this affect the way we teach? Explore how media "reality" is constructed. Discover how the images we hold shape our perceptions of the world and influence our sense of what is possible for the future. Practice using visual media to teach critical and imaginative thinking.

Workshop Leader: LANIE MELAMED is a part–time lecturer at Concordia University with research interests in Women, Leisure and Peace Studies.

Saturday, March 16, 1991 9:30 – 4:00 p.m. Location to be announced $50

HUMAN RIGHTS CHALLENGES IN THE 90'S

This workshop will explore current issues related to women's rights, the rights of the child, the environment and peace within the framework of the Universal Declaration of Human Rights and the Canadian Charter of Rights and Freedoms.

Workshop Leader: SHIRLEY SARNA, (M.A., Comparative Education, McGill University) is Education Director at the Canadian Human Rights Foundation. She conducts training seminars, develops pedagogical materials in human rights education and currently lectures in the McGill Faculty of Education.

Wednesday, March 20, 1991. 7:00 – 9:30 p.m. Location to be announced FREE

OVERCOMING BLOCKS TO CREATIVE THINKING

This workshop is designed to sensitize participants to some of the major blocks to creative thinking as well as provide them with concrete strategies with which to overcome these blocks. Participants will become familiar with some of the major approaches to the development of creative thinking and will experience a number of group and individual techniques that have proven effective in producing fresh and innovative ideas in a wide range of fields. This workshop is intended for those interested in generating and implementing new ideas and helping others to do so.

Workshop Leader: OLIVIA ROVINESCU (M.A., Philosophy of Education, McGill University) is Director of the Lacolle Centre for Educational Innovation, Concordia University. She has co–authored three books and is currently writing another on Critical Thinking.

Friday, March 22, 1991 9:30 – 4:00 p.m. Location to be announced $50

CHOICES AND CHANGES: BUILDING SELF–ESTEEM IN CHILDREN

In this workshop participants will examine the importance of building self–esteem, which is the key to unlock the door to learning, living and loving. It will be a voyage of real discovery of our own interior as well as looking at ways of developing high self–esteem in our children/students. This workshop will help participants to appreciate that self–esteem is not a new landscape but involves having NEW eyes to see and use the full potential of creative powers. There will be opportunities for group discussion and sharing about the important issue of how self–esteem affects school achievement of children.

Workshop Leader: MARGARET MITCHELL is the Moral and Religious Education Consultant at the Lakeshore School Board.

Saturday, March 23, 1991 9:30 – 4:00 p.m. Location to be announced $50

REBUILDING OUR WORLD WITH PEACE
(Co–sponsored with the Loyola Peace Institute)

Peace is everyone's business. The struggle for peace begins with our local reality and extends from there to the far ends of the global village. The praxis of people requires economic, political and social analysis which empowers people to work for transformation of our world.

Workshop Leader: MARY BOYD, Social Action Commission, Catholic Diocese, Charlottetown, P.E.I.

Thursday, April 4, 1991. 7:30 – 9:30 p.m. Location to be announced FREE
(For further information on this lecture call Loyola Peace Institute at 848–7799)

MANAGING CHANGE IN LOVE AND WORK

A workshop designed to increase your understanding of the stages involved in the process of change and to enhance your ability to adapt to and facilitate change both at work and in your personal life. You will assess your own attitude to change and learn how to deal with resistance to change in yourself and others. You will learn the physiological and psychological effects of change and loss, and will acquire techniques for using your creativity to make change a positive experience.

Workshop Leader: KATHRYN MCMORROW has a Master of Arts in Teaching and a Master of Arts in Clinical Psychology. She has her own business, Innovative Seminars, and gives workshops on stress–management, leadership skills, adapting to change in business, educational and social service settings.

Saturday, April 6, 1991 9:30 – 4:00 p.m. Location to be announced $50

YOU ARE WHAT YOU THINK

Learn the principles of mind power and how our thoughts and beliefs determine our experiences in life. Develop a working knowledge of the tools you can use to create what you want and to positively affect every area of your life from work and relationships to your financies and physical health.

Workshop Leader: MARGARET VILLAZAN (B.Sc., Diploma in Education) has done extensive study and training in the field of human potential. She has her own business, Personal Power Programs, and specializes in workshops on mind power and positive thinking.

Saturday, April 13, 1991. 9:30 – 4:00 p.m. Location to be announced $50

THINKING CRITICALLY ABOUT ETHICAL ISSUES

This workshop is intended for secondary and post-secondary teachers. It will deal with approaches to teaching critical thinking about ethical issues. Emphasis will be placed on the process of identifying and constructing arguments, providing justification and arriving at judgments. This workshop is based on the forthcoming book by Olivia Rovinescu and Stanley Nemiroff, Dialogues in Values and Critical Thinking.

Workshop Leader: OLIVIA ROVINESCU is the Director of Lacolle Centre for Educational Innovation, Concordia Univesity. She is co-author of Words on Work (Globe Modern Curriculum Press)

Friday, April 19, 1991 9:30 – 4:00 p.m. Location to be announced $50

THINKING CRITICALLY ABOUT MULTI-CULTURAL AND MULTI-RACIAL ISSUES

A "hands-on" workshop in which participants will experience an approach to fostering critical thinking about multi-cultural and multi-racial conflicts. The work is premised on the belief that the critical examination of the forms of argument and the modes of discourse actually employed to justify actions taken in real life situations involving multi-cultural and multi-racial conflicts can make a significant contribution to the development of the ability and disposition to defuse and resolve conflicts of this nature.

Workshop Leader: OLIVIA ROVINESCU is Director of the Lacolle Centre for Educational Innovation at Concordia University. She has co-authored three books and is currently writing another on Critical Thinking.

Friday, May 3, 1991 9:30 – 12:30 p.m. Location to be announced $35

DREAMS AND DECISION MAKING (Weekend workshop)

This follow-up weekend workshop (see schedule for March 9th workshop) will further explore such techniques as: precise dream incubation exercises; dream body; dream shields; and Ullman's Basic Dream Work (an experiential dream group setting in order to bring the dreamer in touch with the dream in a safe and non-intrusive way). There is no pre-requisite for this workshop.

Workshop Leaders: GEORGE W. BAYLOR, Ph.D., is Professor of Psychology at the Universite de Montreal. He is co-founder and past-president of the Montreal Centre for the Study of Dreams and a graduate of the Canadian Institute of Psychosynthesis. GISSA ISRAEL, M.Ed., is a therapist, teacher, healer and psychic. At present she teaches at Concordia University, has a private practice and conducts workshops.

May 24 – 26, 1991 (7:00 p.m. Friday to 3:00 p.m. Sunday) Lacolle Facility, Lacolle, Quebec
Fee: $175 (includes accomodation and meals)

REGISTRATION PROCEDURES:

1. REGISTRATION FEE is subject to the GST increase of 7%. See details below.
2. REGISTRATION FEE WILL BE REDUCED BY HALF if more than 5 people from the same organization (or department) attend. (This does not apply to Transformative Theatre.)
3. A separate registration form must be completed for each workshop. (Please photocopy the form below.)
4. Make your cheque payable to Lacolle Centre, Concordia University and return with registration to: 7141 Sherbrooke St. West, Montreal, Quebec H4B 1R6.
5. Internal candidates: if applicable, fill out departmental budget code and authorized signature.
6. Refund policy is as follows: full refund up until 2 weeks before workshop; $15.00 charge for cancellation within the last 2 weeks; no refund as of 2 days before workshop.

GOODS AND SERVICES TAX (GST):

As of January 1, 1991 Lacolle's workshops will be subject to the GST. Please add 7% to the cost of the registration. (e.g., registration fee of $50.00 + 7% GST = $53.50; Registration fee of $35.00 + 7% GST = $37.45).

Exemptions:

1. Concordia University departmental budget transfers.
2. Transformative Theatre course.

FOR FURTHER INFORMATION CALL: 848-4955.

REGISTRATION FORM Lacolle Centre

Title of Workshop: _____ Date: _____

Participant's Name: _____

Address: _____

Postal Code: _____ Telphone: (Home) _____ (Work): _____

Institutional Affiliation and Position: _____

Concordia University Participants

Budget Code: _____ Cost: $____ Authorization: _____